

REMOTE WORK TOOLS FOR PRODUCTIVITY AND WELLNESS



CENTRE OF ENTREPRENEURSHIP

CARIBBEAN

Transitioning to a work from home situation can be a challenge. Here are some tools you can use to remain productive and boost your emotional and mental wellness with ease.



GoToMeeting is great for hosting meetings online, video conferencing and web conferencing.

Hootsuite is a leading social media management platform that helps you track and manage all of your business' social media channels.



This is a sales engagement platform with the power to help individuals or businesses keep track of sales, revenue and other resources.

Wave is a free financial software designed for entrepreneurs and supports invoicing, receipt scanning, payment processing, and payroll.



Slack is a workplace communications platform that brings teams together. It is designed to replace email as your primary means of communication with features like instant messaging.

Quisk lets you receive money and purchase everyday services through its online portal, mobile application, or text messaging.



Salesforce is a customer relationship management platform that allows all departments to have a single, shared view of every customer with details on who has been engaging with them.

G Suite is a suite of cloud computing, productivity and collaboration tools developed by Google Cloud. It has everything you need to create documents, communicate, and get work done and can be used on all devices, from desktop to mobile.



Trello is a project management platform that helps you organize projects and tasks into boards. Everyone will see what's been worked on at a glance, who's working on what, and project status.

Rescue Time shows you how you're spending time. Armed with this knowledge, you will be better able to block out distractions and supercharge your focus.



Calendly is a free scheduling software that helps you eliminate back and forth emails to book appointments, meetings and events.

Based on the science of creativity and colour, this app was made to create a relaxing state by allowing you to colour pre-made templates.



Calm provides resources that enable you to clear your mind, lower stress, and experience less anxiety, enabling higher productivity.

Staying home working in one position all the time can make you feel slouchy, fix that with a quick 7 minute workout to keep you feeling fit and optimized everyday.

